

Attachment lesson 3 - song lyrics

Fruit and vegetables, the good food song

Carrots, peas and broccoli
Vegetables are good for me
For my snack and in my lunch
Veggie sticks are great to munch
Carrots, peas and broccoli
Vegetables are good for me

Vegetables are good for me,
Ie a ie a oh
And so I eat them happily
Ie a ie a oh
With a carrot here and a carrot there
Here a carrot, there a carrot,
everywhere a carrot carrot
Vegetables are good for me
Ie a ie a oh

Barney and friends

You look healthy
Snacking on healthy food is what we like to do
Eating apples or some carrots and some celery too
Nuts and cheese and some of these
And a glass of fruit juice too

Snacking on healthy food is what we like to do
Apples or some carrots and some celery too
Nuts and cheese and some of these
And a glass of fruit juice too